

SUMO4Schools *Primary*

Releasing potential



Releasing potential and raising aspirations in the lives of children

SUMO4Schools *Primary* provides a range of resources and training for KS 1 & 2 that facilitate wellbeing, promote positive behaviour, raise aspirations and develop creativity, thinking and learning skills in schools. It is an innovative and creative programme that can be delivered within a cross curricular context.

SUMO4Schools *Primary* Resources

Primary Schools Pack including a range of lesson materials and cross curricular projects based on the SUMO principles; a DVD of Paul McGee unpacking the principles for children; a CD Rom of support materials and PowerPoints; the SUMO book and other resources.

The 6 SUMO Principles

- 1. Change Your T-Shirt** - Learn how to take responsibility in your life.
- 2. Develop Fruity Thinking** - Learn how to develop positive thinking and improve self-esteem.
- 3. Hippo Time is OK** - Learn how to manage your emotions.
- 4. Remember the Beachball** - Learn how to build better relationships with others.
- 5. Learn Latin** - Learn how to make the most of every opportunity in your life.
- 6. Ditch Doris Day** - Learn how to create the best possible future for yourself and others.

“Our children face a challenging and uncertain future. What we know is, that whatever we do, our children’s personal and emotional development is more vital than ever, if they are not just to survive but to thrive as they move through and beyond education; crucial ‘soft skills’ have become the hard currency of the 21st century and SUMO4Schools *Primary* is one of the most practical, thought provoking and powerful resources I have seen to help teachers help their children to meet that challenge.”

Richard Gerver, Director of ic-ed Educational Consultancy and policy advisor to the Government



How SUMO4Schools *Primary* improves outcomes for children

- Helps to implement the Rose Report.
- Supports the Healthy Schools programme.
- Recognised as improving standards by School Improvement Partners.
- Enhances Assessment for Learning.
- Supports the Personal Learning and Thinking Skills framework.
- Develops Emotional Intelligence.

SUMO4Schools *Primary* products available

- Primary Schools' Teachers Pack - including lesson materials, DVD and CD Rom.
- Twilight and Inset Training from accredited SUMO4Schools *Primary* Trainers.
- Enrichment days developing a range of cross curricular projects including Art, ICT, RE and Music for children

About SUMO4Schools *Primary*



The book SUMO (Shut Up, Move On) by International author Paul McGee became a best seller following its release in 2005. Since then, the SUMO principles have proved to be inspirational and motivational around the world with educators and community leaders asking for them to be adapted for children.



SUMO4Schools *Primary* has been developed by Gill Hodgkinson, a primary school teacher and SENCO from the North West of England. In its essence SUMO is about releasing potential for children and adults alike. It is a challenging and thought-provoking message that facilitates learning and supports achievement in a fun way.

For more information:

Visit: <http://Primary.SUMO4schools.com>

Email: Primary@SUMO4schools.com

Call: 07826 848 394 or 01925 268708

Building a brighter future!

“I can clearly see how the principles can have a positive and profound impact on the lives of young people.”

Sir Clive Woodwood, Elite Performance Director, British Olympic Association and coach of the 2003 England Rugby World Cup winning team

“SUMO4Primary is a simple and effective way to develop children’s emotional resilience. It promotes personal responsibility and empathy for others. It is an excellent resource which can be used as part of the PSHCE curriculum and supports other initiatives such as SEAL. It is a very practical way to help schools fulfil their statutory responsibility to promote children’s wellbeing.”

Janet Smith, Senior Advisor for PSHCE for Cheshire

“The SUMO lessons have really helped my way of learning and thinking.”

Year 6 pupil talking about the SUMO4Schools *Primary* programme

“SUMO4Primary is an innovative and creative programme that equips children with a range of skills that develop a positive attitude to life.”

RC Director of Schools' Service for East Anglia